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1 Career thoughts and recollections: 50 years publishing in The Journal of General Virology

2 I was both delighted and honoured to receive a letter recently informing me that I had been elected as an
3 honorary member of the Microbiology Society. I have been a member of the society (which I still refer to as
4 SGM from force of habit) since 1972, and the Microbiology Society has had an important influence on me
5 during most of my research career; I owe it a lot. I was surprised to learn in that letter that I had co-
6 authored 50 papers in the Journal of General Virology between 1969 and 2015. In fact, when I checked, the
7 actual number is 51 and this encouraged me to look back and reflect on the immense changes that have
8 occurred in my work personally and in the field of virology generally during the 50 years since my first JGV
9 paper.

10 I cut my teeth virologically in 1964 when I took up my first post in Fred Brown's laboratory at the Animal
11 Virus Research Institute (now the Pirbright Institute) following my post-graduate studies at the University
12 of Southampton. Fred was both my boss and mentor for many years after I joined his group and it was at
13 Pirbright that I was exposed to the weird, wonderful and sometimes frightening world of foot-and-mouth
14 disease. A passion for research into its causative agent, foot-and-mouth disease virus (FMDV), that was
15 engendered while working in Fred's group has remained with me ever since and I am still actively involved
16 to this day.

17 As in all spheres of scientific endeavour, the advances made over the past 50 years (the course of a single
18 lifetime career in my case) have been amazing. These occurred through both small incremental steps and
19 in quantum leaps, the latter often being driven by major technological developments. It is almost
20 embarrassing now to look back at the impoverished level of understanding we had when I published my
21 first JGV paper in 1969¹. Virus purification techniques, involving mostly ultracentrifugation procedures had
22 been established by then but we had little idea of the antigenic structure and protein composition of the
23 virus and determination of the nucleotide sequence of the viral genome was a far off dream. Serological
24 experiments in those days involved the complement fixation test – has anybody heard of that now? In the
25 early 70s major developments were made in techniques for protein separation and analysis. The era of SDS
26 polyacrylamide gel electrophoresis had arrived and enabled us to demonstrate for the first time that the
27 FMDV particle comprised multiple proteins². I can remember bets being taken at scientific meetings during
28 that period as to how many SDS PAGE profiles each speaker would present.

29 Much of our work in the 70s was devoted to applying biophysical techniques to compare and contrast the
30 properties of viruses within the picornavirus family in order to establish groupings for classification
31 purposes. Methods such as nucleic acid base composition and buoyant density determination were used to
32 define four groupings within the picornaviruses³ – compare this with the latest score of 47 picornavirus
33 genera⁴ resulting from increased virus isolations combined with genetic sequencing and bioinformatics.
34 Methods to study virus replication and protein processing were heavily reliant on radiochemical labelling,
35 often involving pulse-chase approaches. These methods enabled the unravelling of the complexities of
36 processing of the picornavirus polyprotein and mapping of the genetic structure of the genome despite the
37 lack of sequence information⁵.

38 The 80s saw the introduction of three technical developments which had huge influences on virology
39 generally and my personal interests in particular. The first of these, monoclonal antibodies, facilitated
40 mapping of antigenic features of viruses such as FMDV. The second was molecular cloning and sequencing,
41 which enabled the determination and manipulation of viral genomes. Finally, advances in X-ray
42 crystallography meant that the structure of virions, such as picornaviruses, could be resolved in near
43 atomic detail. A combination of these methods enabled us to identify a distinctive feature on the surface of
44 the FMDV particle, the VP1 G-H loop, which was the target of a high proportion of the neutralising
45 antibodies present in anti-FMDV sera. This information enabled us, in collaboration with Richard Lerner's
46 group at the Scripps Institute, to explore the (then) incredibly exciting possibility of producing chemically

47 synthesised vaccines. Indeed, we showed for the first time that small laboratory animals could be
48 protected from challenge with virulent FMDV by immunisation with synthetic peptides representing the
49 VP1 G-H loop sequence⁶. The crystal structure of the virus, determined with Dave Stuart's group in Oxford,
50 showed why peptide vaccines for FMDV were more successful than with other systems as the major
51 epitope appears as a mobile loop on the virion surface, much like a synthetic peptide^{7, 8} (Fig. 1). Although
52 practical synthetic vaccines against FMD were not realised, for a variety of reasons, their investigation
53 opened up a number of important aspects of immunology and vaccine development. In attempting to
54 optimise the immune response to purely synthetic immunogens, we were able to demonstrate the
55 importance of Th cell epitopes⁹—immunological concepts that were in their infancy then. We were also
56 able to demonstrate the immunogenic potential of presenting antigenic epitopes in the context of
57 particulate carriers (nanoparticles in modern parlance) by fusing peptide epitopes to the self-assembling
58 hepatitis B core protein¹⁰.

59 Cloning and sequencing of the FMDV genome was, and is, of huge importance for progressing our
60 understanding of how the virus works. The FMDV genome was found to have a number of unusual/unique
61 features that we are still trying to understand to this day. For example, a seventh of the genome comprises
62 the untranslated 5' end, which contains at least 5 distinct domains, and there are 3 copies of the RNA
63 primer protein, VPg^{11, 12, 13}. We still do not understand the roles of several of these unusual features, and
64 the desire to resolve some of these intriguing problems is why I cannot give up yet.

65 A new departure for me in the 90s was hepatitis C virus (HCV). Although the existence and importance of
66 this cryptic human pathogen had been suspected for many years it was not finally identified until 1989 by
67 Michael Houghton's group¹⁴. This was a triumph of the new molecular approaches to virus identification
68 when the agent could not be grown using conventional culture techniques. The full significance of the virus
69 for human health only became apparent following its formal identification and the development of
70 diagnostic tests. The realisation that HCV infection usually leads to persistent infection with serious
71 consequences in later life meant that it was an ideal target for antiviral intervention and the race was on to
72 develop chemotherapeutic agents. I, together with a significant proportion of the virology community,
73 joined the fray to discover vulnerable features of HCV replication which were suitable for therapeutic
74 intervention. While with the Wellcome Foundation in the early 90s we worked on NS3, the viral protease¹⁵
75 and following my move to the University of Leeds in 1996 and teaming up with Mark Harris, we extended
76 our interests to include the hepatitis C virus non-structural proteins and the putative viroporin, P7^{16, 17, 18}.

77 More recently, I have returned to practical work on FMDV. This was finally made possible when the
78 regulatory authorities agreed that replicons are not viruses and pose no threat through accidental release
79 of important pathogens to the environment. In collaboration with my colleague Nicola (Nic) Stonehouse
80 here in Leeds we are capitalising on this decision and have an active programme of work addressing some
81 of the unanswered questions (e.g. the functions of RNA elements within the UTRs, the complexities of
82 polyprotein processing and the structure and functioning of replication complexes) about this remarkable
83 virus that I alluded to at the start of these reminiscences.

84 Acknowledgements

85 My scientific career has been enormously enriched by the collaboration with and the friendship of
86 colleagues over the years. People like Dave Sangar, Jim Hogle, Toby Tuthill and many others too numerous
87 to mention, have made my research career a continuous pleasure.

88 David J Rowlands

89 March 2019

91 The author declares that there are no conflicts of interest.

92 Figure 1 In the image (based on the coordinates for the FMDV O1M receptor complex (PDB: 5NET), both the
 93 O1M virus and integrin receptor are depicted using a surface representation i.e the surface that would be
 94 traced out by the surface of the waters in contact with the protein at all possible positions (Connolly Surface).
 95 The capsid proteins are coloured with VP1 in blue, VP2 green and VP3 salmon and for the integrin, the alpha
 96 subunit is green and the beta subunit, red. The VP1 GH loop is drawn using semi-transparent magenta spheres
 97 (corresponding to the van der Waals radii of the atoms) in the 'up' orientation to engage with
 98 receptor. Courtesy of E. Fry and D. Stuart.

99 Reproduced from: Rowlands D. J., Foot-and-mouth disease viruses. Encyclopedia of Virology, Third
 100 Edition (2008), vol. 2, pp. 265-274

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